best lives ever. Check out my story

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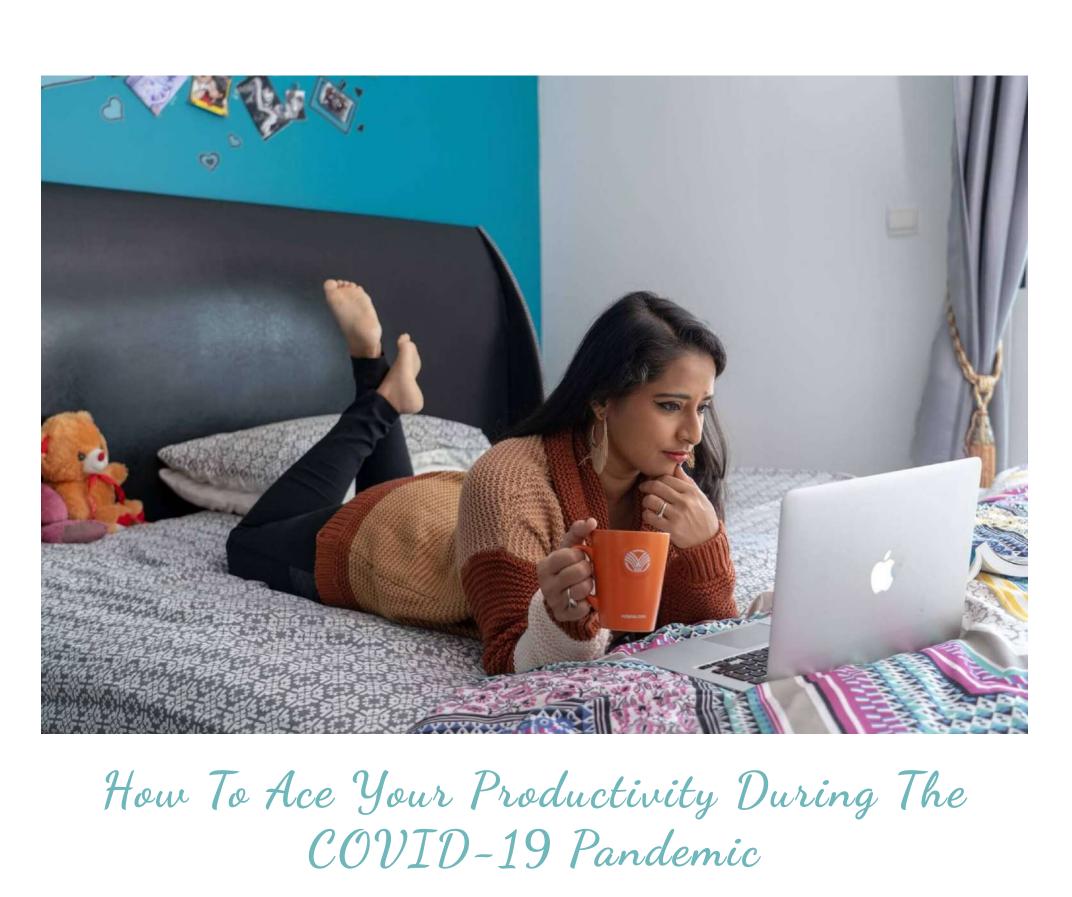
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Covid-19



The year 2020 surely didn't feel like this when it started. As a photographer in Dubai, I can understand how this fog just rolled out and clouded all that we were looking forward to.

Most of us have been swiftly stowed away into our quarantine, clearly barred from carrying

out any activity that could make this time normal and trying to find ways to stay productive during this pandemic.

But as they say, the best opportunities lie in a time of crisis. For instance, I've always had my share of struggle to tilt my schedule to fit in other activities. Haven't we all? And so the current lockdown offers the perfect opportunity to accommodate other activities in our routines which wasn't possible earlier.

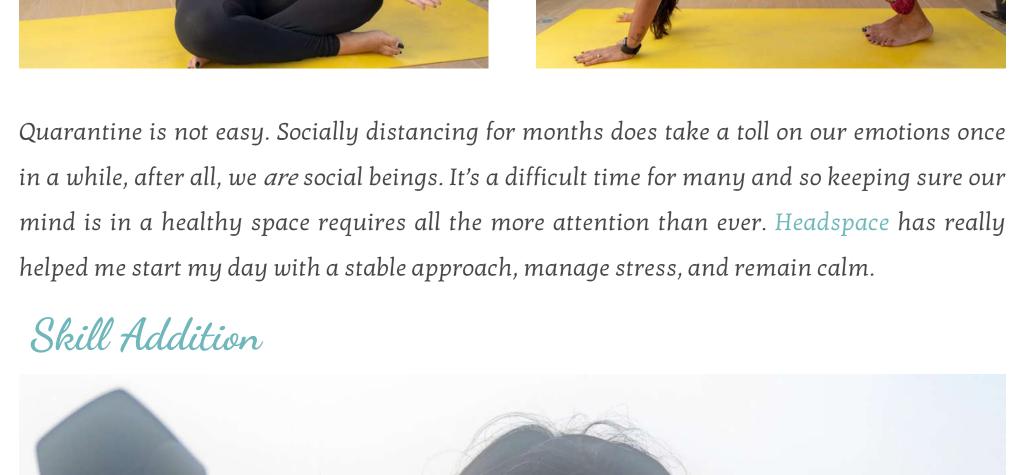
All of which brings me to share with you some of the tips that have worked out for me to stay productive all along. Let's begin!

In any crisis, whatever you do to improve your state leaves you with a vivid, and long-lasting impact. Make this difference for yourself. Start working out in your quarantine by experimenting

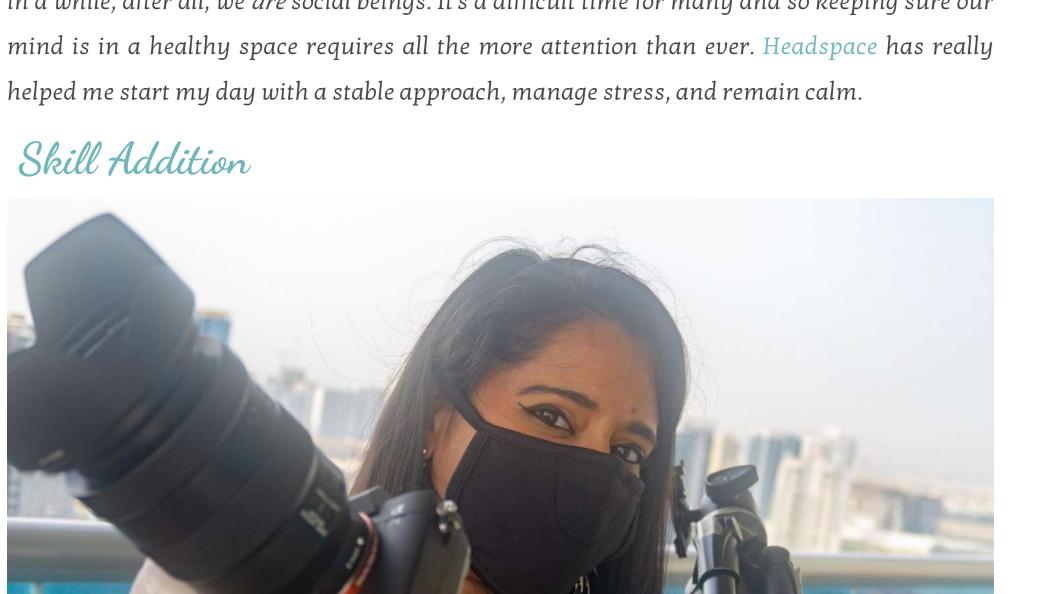
with what works the best for you and trying different fitness routines. Obe Fitness and Core Power Yoga are great options for live work out schedules with instructors.

Break The Sweat

But if you're, like me then you should totally try signing up at Dance Body. Not only do I love it because of my love for dancing but also because you get 50% for the first two months! Practising Mindfulness



platforms like Skillshare.



Blogging is another way you can stay productive. There are tons of helpful courses from Wired Creatives and refined ones like the Superstar Blogging course by Nomaic Matt. All you have to do is, find your niche, find the right guide online, and get started! Get our bi-monthly

If there's any sure perk that this quarantine has brought along, then it's time. Utilise it by

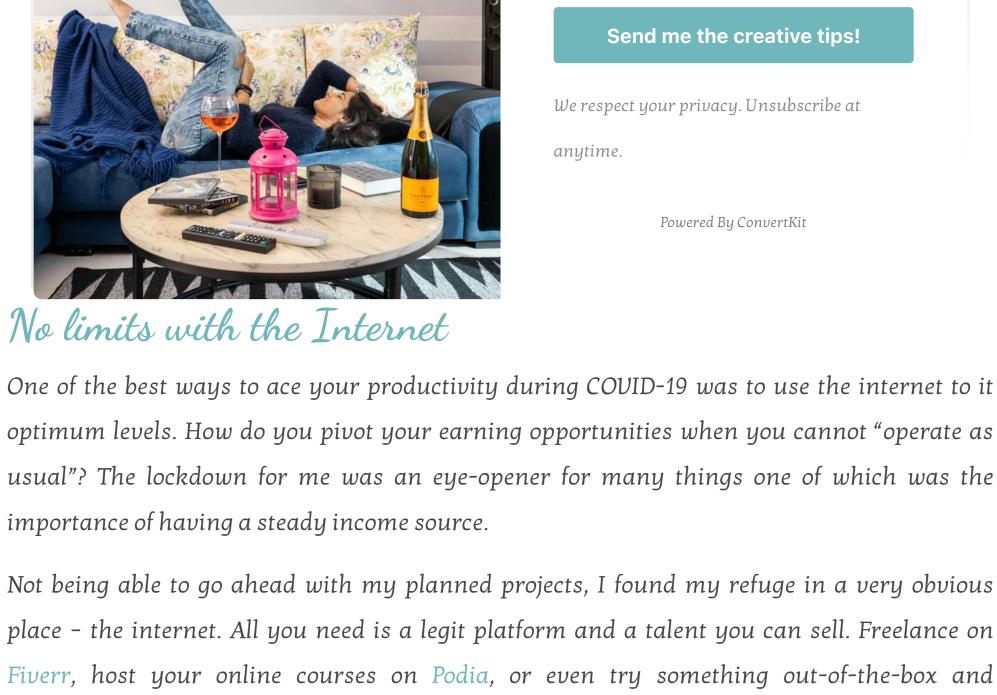
learning a new skill. For instance, I started YouTubing without having any prior experience.

All I needed was some expert help on creating good videos and editing- which I got from

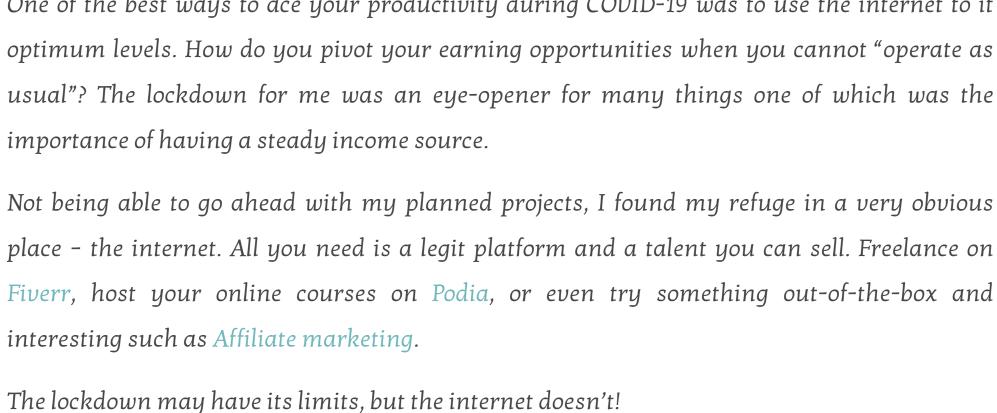
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Food for Thought How to ace your productivity during COVID-19 depends a lot on what you are feeding your mind. An idle mind is where the downsides of quarantine find its roots. Listening to

audiobooks is what has helped me shift my focus towards learning truly, think in new ways,

and find more inspirations to expand my own knowledge. I'd like to think of Scribd as Netflix

for books. If you use my referral code, you can receive the first two months free of your subscription. Netflix and Productivity Boon for some, but for many others - a bane. Movies are not all about entertainment, just as

Netflix is not all about just chilling. Yes, you can binge - watch something daily, but often we

Turn it into something productive by doing this - set a daily to-do list for yourself and on

completing your tasks successfully, reward yourself with an episode of your favourite series!

Make Netflix as something you'd do if you completed your daily Yoga routine or after you've

Stay connected with Video calls

don't realise how we end up overspending time on screens.

finished listening to another chapter from your audiobook.

recipes, tips to stay proactive, and helping each other out with plenty of other things. Try it, it's fun! Kitchen Inspirations

It's true. We do miss seeing our near and dear ones. Staying in touch with our loved ones is

always a good way to stay motivated and go on about our quarantined lives. Schedule a daily

plan to video call your family and friends. If you are working from home, do try to check up on

The world is distanced socially – but not on the internet. Because I missed having my ladies

night, here's what I did - I hosted a super fun wine-tasting e-meeting with my friends. It was

something new and what started as a wine-tasting event ended up with us sharing our

your coworkers with a video call even if the matter can be discussed over a call.

time, and level up my creativity.

Hosting Happy Hours

Out of all the ways to ace your productivity during COVID-19, I won't be surprised if cooking

didn't cross your mind immediately. Believe me or not, I've found the joy of being productive

by cooking something nutritious for my body. Our nutrition pretty much sets a bar for our

output. I have been following cooking blogs from Pick Up Limes and Indian Healthy Recipes

and I cannot emphasise enough how much it's helped me become more mindful, manage

These 9 tips are what I tried and what helped me chase away the lockdown limitations and

make my quarantine routine a fruitful one. Have more to add to my list? Share with me!

**HOLLY ROBERTS** REPLY AUGUST 17, 2020 AT 1:43 AM Awesome ideas!! I have been hosting some of those happy hour group calls and they're always so much fun! Stay safe 💗

2 COMMENTS

Hey Holly, thanks for reading. yes those happy hours are indeed fun! cheers!

Website

**JUSTGOWITHAMREEN** 

AUGUST 17, 2020 AT 1:56 PM

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